



SPA MENU



SOFITEL
SPA

LIVE
THE FRENCH
WAY

GO WITH THE FLOW

Treat yourself to *the* French glow.
From radiant skin-boosting experiences that detox,
cleanse and revitalize to the chic, tranquil setting that
combats the demands of modern life, Sofitel SPA
is the ultimate in French cosmetology.

Here, beauty is more than skin-deep.
Taking care of yourself is a lifestyle and our approach
is multi-dimensional, blending innovation with tradition
to help you look – as well as feel – your absolute best.

Equipped with the *savoir-faire*, attention to detail
and a passion for modern French art de vivre,
the Sofitel SPA team welcomes you from 8 am to 10 pm

Get your French glow, call 02 2737 3737
or speak to our reception team.

FIND YOUR FRENCH GLOW



REJUVENATE,
THE FRENCH
WAY

REJUVENATION ⑥

60 minutes 2,800 EGP

A luxurious blend of products combines harmoniously with the latest French skincare techniques to help restore a youthful complexion.

EXHILARATION ⑥

60 minutes 2,500 EGP

Euphoric and smoothing body massage using signature techniques that will shape and tone your silhouette.

CLEOPATRA'S SECRET ⑥

120 minutes 3,850 EGP

The beauty ritual of Queen Cleopatra. Starting with an exfoliating full body scrub followed by a relaxing full body massage and finishing up with extend youth facial.

NUBIAN HAMMAM ⑥

120 minutes 3,850 EGP

A ritual that takes you on a journey of discovering the Ancient Arabian tradition. An application of Olive oil based black soap, prepare your skin to an exfoliating scrub with "A kessa" glove and a detoxifying body wrap of Clay will renew and deep detoxifying your skin. A full body massage completes the experience for a feeling of ultimate relaxation and wellbeing.

Prices are in Egyptian pounds
and are subject to service charge and applicable taxes.

ENERGISING VITAMIN-C BODY RENEWAL [®]

30 minutes 1,100 EGP

Lemon and Salt exfoliate and calm skin with cooling, and Mandarin helps brighten and reveal youthful skin.

ORGANIC CINNAMON BODY BOOST BODY RENEWAL [®]

30 minutes 1,100 EGP

Invigorating Cinnamon blends with Salt to refine skin, warm and neutralise free radicals.

STIMULATING ARABIC COFFEE BUFF [®]

30 minutes 1,100 EGP

Rehydrating with Luxurious Arabic coffee and Vitamin E oil fully refreshes the skin.

SEAWEED BODY WRAP [®]

45 minutes 2,000 EGP

Seaweed body masque that will leave you cooled detoxified and your skin re-mineralized.

CONTOURING MARINE BODY WRAP [®]

45 minutes 2,000 EGP

Heals and nourishes to prevent signs of aging and leave you glowing with ultra soft and moisturized skin.

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DEAD SEA REPRIEVE ⑥

45 minutes 2,000 EGP

Reduce water retention and treat the signs of cellulite by tightening and toning the skin.

GLOBAL ANTI-AGING FACIAL ⑥

60 minutes 2900 EGP / 90 minutes 3,500 EGP

This treatment reaches the height of Biotechnological performance and restores the skin's youthfulness, softness and luminosity.

Results: The skin is smoother and firmer and glows with new radiance.

BRIGHTENING RADIANCE FACIAL ⑥

60 minutes 2,600 EGP / 90 minutes 3,200 EGP

This very complete treatment offers skin cleansing in order to encourage a "new skin" effect.

an advanced professional product formulated to combine brightening action and delivers a final burst of radiance for a glowing face.

Facial For Men ⑥

60 minutes 2,600 EGP / 90 minutes 3,200 EGP

A classic rejuvenating facial, leaving your skin relaxed, purified and intensely moisturized, the overall texture with essential vitamins soothes, nourishes and refreshes the skin.

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AROMATHERAPY MASSAGE ②

60 minutes 2,200 EGP / 90 minutes 3,000 EGP

A deeply relaxing massage that is customized to your specific needs made with natural Almond oil and pure essential oils.

BALINESE MASSAGE ②

60 minutes 2,200 EGP / 90 minutes 3,000 EGP

Balinese massage is a luxurious spa treatment and an excellent choice if you want to experience a variety of massage techniques, gentle stretches, acupressure and aroma-therapy oils will make you relax and feel spiritually renewed at the same time.

SWEDISH MASSAGE ②

60 minutes 2,200 EGP / 90 minutes 3,000 EGP

A classic massage aims to promote relaxation by releasing muscle tension and enhance blood flow.

SPORT MASSAGE ②

60 minutes 2,200 EGP / 90 minutes 3,000 EGP

A therapeutic full body deep tissue massage is specifically designed for those in need of more intense session and firmer pressure, It focuses on tension areas to relax and stretch the muscles using intense strokes. Ideal to relieve pains and stiffness caused by physical activities.

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THAI MASSAGE ®

60 minutes 2,200 EGP / 90 minutes 3,000 EGP

Developed by Buddha's physician more than 2500 years ago in India. For centuries Thai massage was performed by Monks as one of the component of Thai medicine. Thai massage is a dry massage using passive stretching and gentle pressure along energy lines, contributing to a sense of ease and wellbeing. Thai massage stimulates and release tense muscles, reduce stress, improves circulation, increases energy, centers mind and body.

HOT STONE MASSAGE ®

90 minutes 3,000 EGP

Experience a luxurious full body massage using hot stones that will make a deep level of calmness while relaxing tight muscles, removing blockages and dissolving stress. You will leave the Spa feeling renewed and energized through the healing properties of these natural and volcanic stones.

HERBAL POULTICE ®

60 minutes 2,200 EGP / 90 minutes 3,000 EGP

A poultice of Thermodynamic herbs used to enhance massage therapy by generating heat, relaxing knots and restoring the range of motion to muscles and joints.

REJUVENATION FOR COUPLE ®

90 minutes 4,400 EGP

Amplify your love at the incomparable and quixotic Sofitel Spa. We work to ensure that love, harmony and good health radiates from within you. Enjoy the deep relaxation of massage followed by a romantic bath.

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FOOT RITUAL ②

30 minutes 1,200 EGP

A targeted treatment to comfort and relieve tired feet, as well as visibly enhance their appearance. This massage will leave you floating on your feet.

BACK RITUAL ②

30 minutes 1,200 EGP

Focusing primarily on the back, shoulders and neck area, this deep back massage will help to relieve tension and stiff aching muscles.

SCALP RITUAL ②

30 minutes 1,200 EGP

Nourishing and protecting, locally-harvested Hibiscus combines with Coconut oil for a targeted scalp massage, using traditional techniques to protect and nourish scalp and hair.

FACIAL RITUAL ②

30 minutes 1,600 EGP

This express facial is ideal for those on the go. Your skin is cleansed, lightly exfoliated and gently massaged.

HAMMAM HEAVEN ②

60 minutes 1,800 EGP

Inspired Moroccan Hammam experience begins with a steam bath with an application of black soap, a purifying exfoliation using a special «kessa» glove, the ritual culminates in a nourishing application of Vitamin-E and Almond Oil.

Prices are in Egyptian pounds
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ARRIVAL AT SOFITEL SPA

To enhance your Spa experience, we encourage you to arrive 20 minutes prior to your treatment. Throw off your shoes and indulge yourself with our luxurious robes and slippers, Leave your cares at the door and unwind in our calming, therapeutic and relaxed environment. Give yourself time prior to your treatment to optimize the overall effects, and completely re-balance your mind, body and spirit.

GIFT VOUCHER

A perfect and refined gift that suits every occasion. Our Sofitel SPA Team is at your full disposal for advice to customized your gift voucher.

RESERVATIONS

Bookings made by hotel guests directly with Sofitel SPA are guaranteed by the signing of a reservation. Bookings made by external guests directly with Sofitel SPA may be secured by a credit card or cash payment.

CANCELLATION POLICY

Cancellation is free of charge if made 24 hours in advance. Hotel guests must give four hours notice, after which the full cost of the treatments will be charged.

LATE ARRIVAL

Out of respect for other client's reservations, we advise you that we are unable to extend your treatment time in case of your late arrival.

- ⓕ Facial Treatment
- ⓑ Body Treatment

S O F I T E L

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