

How did we do?



*In accordance with the weights and measures act of 1985,
The measures for the sales of spirits used on these premises is 25ml or multiples
thereof.*

100ml for sweet wine, ports and sherry by the glass.

125ml for champagne by the glass.

175ml, 250ml for wines served by the glass.

After 11pm we will only serve hotel residents.

*We also serve house wine in 125ml measures. Please ask at the bar/your server
for more details.*

Please note that a discretionary service charge of 12.5% will be added to your bill.

All prices are inclusive of VAT at the prevailing rate

*"Calorie information is provided per average portion. An ideal daily intake of calories varies
depending on age, metabolism and levels of physical activity, among other things. Generally,
the recommended daily calorie intake is 2,000 calories a day."*

LA TERRASSE
BAR AND LOUNGE

Bar Menu

Bar Heroes


Our Bar Heroes represent our hand-crafted sandwich selection carefully prepared from the local ingredients

Double Decker Cut Sandwiches

All Served on White or Malted Wholemeal Bread, with signature homemade salad and salted Crisps

Back Bacon, Lettuce, Sliced Tomato and Mayo (545 Kcals)	14.50
Matured Cheddar Cheese and Red Onions  (606 Kcals)	14.50
Smoked Salmon, Wild Rocket and Guacamole (467 Kcals)	15.50
Roasted Mediterranean Vegetables and Hummus  (VE) (384 Kcals)	14.50
Roasted Chicken Breast, Lettuce, Tomato and Mayo (505 Kcals)	14.50
Classic Club Sandwich (599 Kcals) <i>Roasted Chicken, Hard Boiled Egg, Back Bacon, Lettuce, Tomato and Mayonnaise with signature home salad and crisps.</i>	16.50
 Fries (535 Kcals)	5.00
 House Mixed Salad (VE) (47 Kcals)	5.00
 Seasoned Potato Wedges (363 Kcals)	5.00

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(V)  Suitable for vegetarians,
(VE)- For vegans

Coffee

Freshly Ground  Italian Espresso Blend Beans

Single Espresso (5 Kcals)	4.25
Double Espresso (10 Kcals)	4.50
Macchiato <i>A single espresso base capped with a splash of foam (13 Kcals)</i>	4.50
Americano <i>Long black coffee made in the espresso traditional with Additional water (15 Kcals)</i>	4.50
Cappuccino <i>Strong espresso with equal quantities of stretched & frothed milk dusted with Chocolate (130 Kcals)</i>	4.50
Café Latte <i>Strong Espresso topped with stretched & frothed milk (135 Kcals)</i>	4.50
Mocha <i>A chocolate based coffee experience made with chocolate and espresso coffee, finished with stretched & frothed milk (197 Kcals)</i>	4.50
Hot Chocolate <i>A rich but smooth and creamy hot chocolate (194 Kcals)</i>	4.50

Liqueur Coffee

Liqueur Coffee <i>With Martell VS, Pogues, Baileys, Tia Maria or Amaretto</i>	12.00
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With over a hundred of teas to choose from, it's easy to be spoiled for choice. So finding that perfect cup of tea can be a bit tricky. For a little inspiration have a look at some of our more popular teas 5.00

Black Teas

English Breakfast – *Delicious combination of high altitude grown broken orange pekoe black teas which have been blended to produce a full bodied and well rounded tea with delicate flowery and spicy undertones (1 Kcal)*

Earl Grey – *Its distinct flavour is a result of combining high quality Chinese black tea and oil of bergamot, originally used to protect the flavour from mould and tar during long sea voyages. (2 Kcals)*

Green Teas

Camellia's Welcome Tea – *A delectable and refreshing combination of white tea with fragrant and succulent apricots reminiscent of summer orchards, bound with delicate jasmine undertones and warming ginger. (2 Kcals)*

Sencha– *which means 'steamed tea', is by far the most popular tea in Japan.*

It has a tender and sweetish note, which will appeal to everyone's taste. (118 Kcals)

Green Mint – *A truly invigorating tea, which combines the strength of a high-quality China Gunpowder tea with the delightful sweetness and aroma of premium peppermint leaves. This Gold Taste Award winning tea offers a bold and stimulating, but well-balanced cup. (3 Kcals)*

Herbal Infusions


Lemon and Ginger – *This is a delicate and refreshing herbal tea, benefit the digestive system, but also have a general soothing and calming effect on the body. It contains lemongrass, lemon peel and ginger is marked by a tangy aroma and an invigorating lemon flavour with a spicy finish. (0 Kcal)*

Very Berri *pure fruit tea consisting of a wide selection of berries and a few other dried fruit, such as papaya. The deep red cup is characterized by a vivid fruitiness and a pleasing sweetness that is balanced by the tart hints of hibiscus (8 Kcals)*


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Pizza


 **Our Classic Margherita (1166 Kcals)** 15.00
Mozzarella Cheese, Tomato Sauce, Cherry Tomatoes and Fresh Basil

Spicy Nduja Sausage (1655 Kcals) 17.00
Tomato Sauce, Milano Salami, Nduja Sausage, Roasted Red Peppers and Mozzarella Cheese

 **Goat Cheese and Wild Rocket (1279 Kcals)** 16.00
Tomato Sauce Seasoned with Herbs, Mozzarella, Crumbled Goat Cheese, Caramelised Onions and Wild Rocket

Pasta

Tagliatelle Carbonara (1036 Kcals) 16.50
Garlic, Smoked Pancetta, Fresh Cream and Parmigiano
Add Chicken 6.00


 **(VE) Fusilli Boscaiola (292 Kcals)** 14.50
Button Mushrooms, Cherry Tomatoes, Courgettes, Home-made Tomato Sauce
Add Chicken 6.00

Bar Classics

Flame Grilled 8oz Beef Burger (1127 Kcals) 21.00
Monterey Jack Cheese, Tomato, Lettuce, Onion, Mayonnaise & Brioche Bun, Served with Fries & Coleslaw

Breaded Fish and Chips (927 Kcals) 20.00
Haddock Fillet in Panko Breadcrumbs, Chunky Tartare Sauce, Fries & Fresh Lemon (May Contain Bones)


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La Terrasse Specialities

Continental Breakfast <i>Selection of Warm Pastries and While or Whole-meal Toast, Serviced with Preserves, French Butter and Your Choice of Tea (570 Kcals)</i>	12.50
Cream Tea <i>Two Warm Homemade Sultana Scones with Cornish Clotted Cream, Strawberry preserve and Your Choice of Tea or Herbal Infusion (670 Kcals)</i>	9.90
Petit Fours (110 Kcals)	4.50
 Fresh Fruit Salad (94 Kcals) <i>Served with your choice of ice cream or double cream</i>	7.00

Desserts

 Vanilla Bean Crème Brûlée (978 Kcals) <i>Fresh Fruit</i>	8.00
 Chocolate Brownie (576 Kcals) <i>Roast Hazelnut, Raspberry Sorbet</i>	9.50
 Toffee Pudding (598 Kcals) <i>With Butterscotch Sauce, Vanilla Ice-cream</i>	8.00
Local Sussex & Fine French Cheeses (1039 Kcals) <i>Served with apple, fig chutney, celery, grapes, crackers</i>	13.00

Vodka

25ml

Absolut	5.70
Absolut Citron, Mandarin & Raspberry	6.95
Grey Goose	7.50
Black Cow Pure	7.25
Belvedere Pure	7.50
Stoli Elit	12.00

Rum

25ml

Havana Club – 3 Year Old	5.70
Havana Club Especial	5.70
Pampero Blanco	7.25
Havana Club 7 Years Old	6.50
Captain Morgan Spiced	5.95

Cachasa

25ml

Sagatiba Pure	6.25
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Tequila

25ml

Olmecca Blanco	7.00
Olmecca Reposado	7.25
Patron XO Café	8.00

Mezcal

25ml

Quiquiriqui	8.00
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Liqueurs

25ml

Frangelico	7.25
Baileys Irish Cream (50ml)	7.00
Disaronno Amaretto	6.50
Kahlua	6.50
St Germain	6.50
Malibu	6.50
Ramazotti Sambuca	6.50

Soft Drinks

Calories

Coke	42 kc	3.50
Diet Coke	0.4kc	3.50
Lemonade	18 kc	3.50
Soda Water	0 kc	3.50
Tonic Water	21 kc	3.50
Slim tonic water	2 kc	3.50
Red Bull 250ml	46 kc	4.50
Fresh Orange Juice 250ml	47 kc	4.00
Appletiser	43 kc	4.00
Ginger Ale	20 kc	3.50
Bitter Lemon	2.0kc	3.50
Ginger Beer	12 kc	3.50

Mineral Water

Mineral Water 330ml	3.50
Mineral Water 750ml	6.00

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Cocktails

Strawberry & Basil Mojito 13.00

A delicious twist on everyone's favourite Rum cocktail with bright strawberries and delicate herbaceous basil notes

Pornstar Martini 13.00

The perfect start to any lively evening, zingy passion fruit and rich vanilla combine to create a traditional version of this classic cocktail

Rhubarb Cosmopolitan 13.00

A favourite with modern update. Subtle addition of sweet and tart rhubarb combine with a touch of shiso leaf, a mint-like Japanese herb for cooling finish

Seville orange Old Fashioned 13.00

A traditional whisky old fashioned with delicate marmalade aromas and flavours of Seville orange

Salted Caramel Espresso Martini 13.00

Everyone's favourite sweet treat combined with classic espresso martini to create an indulgent cocktail that's ideal for a lively evening or liquid dessert!

Classic Champagne Cocktail 17.00

Martel VS, Angostura Bitters, Sugar, Topped with Lanson Pere Et Fils Brut Champagne

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Sparkling & Champagne

<u>Champagne Brut</u>	<u>Bottle</u>	<u>125ml</u>
Lanson Pere Et Fils, Brut	75.00	13.50
Lanson Le Rose	105.00	19.95
Lanson Brut White Label Sec	105.00	
Laurent-Perrier Blanc de Blanc	130.00	
Don Perignon Brut Vintage	210.00	
Krug Grande Cuvée Brut	240.00	

Sparkling Wine

Prosecco Via Vai NV, Italy	40.00	8.00
Rathfinny Classic Cuvee Brut, England	70.00	12.50
Rathfinny Rose Brut	80.00	

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Bottled Beers/Cider

	<u>330ml</u>
Corona Extra	5.70
Asahi	5.70
Peroni	6.00
Bavaria 0% Non-Alcohol	5.50
	<u>500ml</u>
Rekordelig Strawberry & Lime cider	7.00
Sussex Best Bitter (4.0%)	7.00
IPA (3.5%) 500ml	7.00

Draught Beers/ Ciders

	<u>Half</u>	<u>Pint</u>
Harvey's Gold Bier	3.50	6.50
Coors Light	3.00	5.70
Aspall Cider	3.00	5.70
Staropramen	3.50	6.50
Atlantic Pale Ale	3.50	6.50
Guinness	3.95	7.80
Madri	3.25	6.50

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Scottish Whisky

25ml

Chivas Regal – 12 Year Old
Johnnie Walker Black Label
Ballentine's Finest

7.50
6.50
5.70

Single Malt Whisky

25ml

Glenmorangie The Original
Dalwhinnie – 15 Year Old
Talisker – 10 Years Old
Oban – 14 Year Old
Lagavulin – 16 Years Old

6.50
6.50
6.50
6.50
7.50

Irish Whiskey

25ml

Bushmills Original
The Pogues
Jameson

6.50
6.50
6.50

Tennessee Whiskey

25ml

Jack Daniels
Jack Daniels Honey

6.00
7.25

Bourbon

25ml

Makers Mark
Woodford Reserve

7.00
11.25

Japanese Whisky

25ml

Hibiki Harmony

14.00

Red Wine

Bottle

175ml

250ml

Also Available in 125ml Measures

Lagarde Rouge, Vin de France
France

27.00

6.50

9.50

Merlot, Vinamar
Chile

30.00

7.95

10.95

Melodias Malbec, Trapiche
Argentina

33.00

8.50

12.50

Douro Red, Quinta Do Crasto
Portugal

43.00

10.50

15.50

Primitivo Salento, Boheme
Italy

32.00

MOMO Pinot Noir Organic,
Seresin Estate, *New Zealand*

50.00

Rioja Reserva, Sierra Cantabria
Spain

55.00

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White Wine

Bottle 175ml 250ml

Also Available in 125ml Measures

Lagarde Blanc, Vin de France <i>France</i>	27.00	6.50	9.50
Pinot Grigio delle Venezie IGT Sartori,, <i>Italy</i>	30.00	7.95	10.95
Petit Chenin Blanc <i>South Africa</i>	38.00	9.75	14.50
Sauvignon Blanc, The Acorn <i>New Zealand</i>	43.00	10.50	15.50
Blanco Sobre Lias, Care <i>Spain</i>	32.00		
QL Vinho Verde, Quinta da Lixa <i>Italy</i>	33.00		
Gavi DOCG, Volpi <i>Italy</i>	39.00		

Rosé Wine

Bottle 175ml 250ml

Also Available in 125ml Measures

Embrujo Rosado Garnacha Organic, Bodegas Verum, <i>Spain</i>	29.00	6.95	10.25
Pinot Grigio Blush delle Venezie IGT Sartori,, <i>Italy</i>	30.00	8.50	11.25

Aperitifs

50ml

Campari	6.70
Cinzano Bianco	6.70
Martini Extra Dry	6.70
Martini Rosso	6.70
Noilly Prat	6.70
Pimm's N.1	6.70
Pernod	6.70

Gin

25ml

Beefeater	5.70
Beefeater Pink	5.70
Bombay Sapphire	6.00
Hendricks	7.00
Plymouth	7.50
Tanqueray	9.00
Monkey 47	9.00

Cognac

25ml

Hennessy XO	30.00
Martell VS	6.50
Courvosier VS	9.00
Courvosier VSOP Fine Cognac	10.25
Hennessy Paradis Rare	61.00

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