

IN BALANCE

SPA



HOW TO SPA

Who are the In Balance Spa Clients?

In Balance Spa Welcomes both hotel and non hotel guest to enjoy our spa facilities.

Hours of treatments

In Balance Spa is open for treatment daily from 10:00 AM to 10:00 PM last treatment at 09:00 PM

Special Request

You may request a specific therapist and we will make effort to accomodate your preference. All our therapist are professionally trained in treatment and draping protocol.

Special Request

All treatments can be cancelled maximum 5 hours before treatments scheduled with no charge, otherwise 50% cancellation fee is apply and will be full charged for no show.

(++) All price are quote in Indonesian Rupiah and subject to 26,5% goverment tax and service charge



HAND, FINGER AND FEET TREAT

Trimming, grooming and polishing includes hand and foot scrub, massage and mask.

Manicure

60 Minutes - IDR 398.475 nett

Nail Gel manicure OR pedicure

90 Minutes - IDR 531.300 nett

Pedicure

60 Minutes - IDR 464.940 nett

Nail Polish / French Nail Polish Only

IDR 332.115 nett

Gel Nail Polish

60 Minutes - IDR 398.475 nett

Removing Gel Nail Polish

30 Minutes - IDR 146.160 nett



JUNIOR IN BALANCE

(Up to 10 Years Old)

Prince or Princess Treatment

Include of foot soak, Gentle Body massage, Chocolate Body Scrub, Bubble Bath, Body Lotion, Ice Cream.

60 Minutes - IDR 436.590 nett

Beautiful Barbie Package

Include of Relaxing body massage, Sweet Strawberry body scrub, Shower and Body moisturizer, Happy Nail art finger or toes.

75 Minutes - IDR 584.430 nett

Family Rituals

Includes: Chocolate Massage and Chocolate body scrub for 2 adults and 1 child

1,5 Hours - IDR 1.726.725 nett

Kids Funny Massage

30 Minutes - IDR 277.620 nett

Happy Nail Art

*Finger or Toes

IDR 146.160 nett

*Finger and Toes

IDR 263.025 nett

Up to 10 years old.

For Booking, dial ext. 781

**Kids spa treatment should be accompanied by parents during the treatment*





BODY MASSAGE

Upper Body Massage

Relaxes and relief muscle tension on your back and neck.

45 Minutes - IDR 610.995 nett

Foot Detox

Whether you are a runner, high heeled shoe wear or simply just on your feet all day, you'll float out the door after this complete foot & lower leg massage.

The treatment includes foot massage and foot mask

60 Minutes - IDR 423.675 nett

Reflexology

This massage stimulates reflex area on the feet by applying pressure to specific point on the feet to influence the health of corresponding parts of the body.

60 Minutes - IDR 555.240 nett

Traditional Massage

Using the therapeutic power of touch to relax your muscles, stimulate blood circulation and to release inner tension.

75 Minutes - IDR 743.820 nett

Aroma Massage

The treatment works your body in a very natural and holistic way by gently activating the body's own healing energies.

75 Minutes - IDR 780.990 nett

Bamboo Massage

Inspired by the culture of Dayak race in Kalimantan island, a massage therapist that using the warm rhythm of bamboo for massage therapy is relative new.

75 Minutes - IDR 796.320 nett

Sound Healing Therapy

A combination of aromatic body massage and the Calming sound of Chinese ring Bell will leave you in a state of deep relaxation and rejuvenation.

75 Minutes - IDR 737.100 nett

Hot Stone Massage

Using heated basalt stone of varying sizes to key points on the body giving a deep massage and creating sensation of comfort, warmth, and deeply relaxed.

1,5 Hours - IDR 883.995 nett

DwiJegeg Massage

Massage by two therapists with the same rhythm and pressure to reduce stiff muscle and tiredness.

75 Minutes - IDR 964.320 nett

SPA TREATMENT

SPA SAMPLER

Get a bit of everything! Rejuvenate your body and feel the unforgettable sensation

Includes: body scrub, followed by body massage, refreshing mini facial, mini hair cream bath.

2,5 Hours - IDR 2.118.585 nett

TRADITIONAL FAVOURITE

This complete body treatment uses selection of aromatic oils and includes foot wash, a full body scrub followed by body rinse and few minutes of body steam/sauna to open the pores. Continued with a relaxing body massage and body mask to retighten the skin. A bath and refreshing ginger tea will complete the treatment followed by application of a soothing body lotion.

2,5 Hours - IDR 1.402.590 nett

Choose one from:

*REGENERATE SCRUB

This treatment is using natural ingredient which contain essential oil of Lemon which known to combat cellulite and poor circulation. With the addition of Patchouli and Kananga oils, this treatment is particularly beneficial for mature skin, as well as for tightening and regeneration skin cells.

*SEA BREEZE

Bring you the sea essential to nourishing the mature and dull skin. At the same time to regenerate the skin appearance. Feel the breeze of the sea to a complete paradise relaxation

*STRAWBERRY PASSIONATE

Nature's antioxidant from this amazing fruit will fight the free radical and detoxify the skin. It give you the enhance healthy and glowing skin appearance

*SILKY BALI

Eases away stresses of the day with milk and honey to soothe, moisturize and give you a luxurious soften feeling

*BALINESE MOCCA

A unique combination of Coffee and Milk to neutralize the body odor, at the same time to soften the skin, clean the skins from acne and other blemish

IN BALANCE PURIFYING TREATMENT

A perfect combination treatment which is working on the lymphatic system. Includes: deep relaxing body massage followed by softens and exfoliates body scrub continued by cleansing facial. Helps to stimulate circulation, detoxifies and aids in the removal of impurities. Promote high level of relaxation and balance the energy flow through the body.

2,5 Hours - IDR 1.826.370 nett

ROYAL JAVANESE TREATMENT

A well known Javanese body treatment using natural ingredient such as Rice powder, Granular turmeric, Sandalwood and Jasmine Oil meant to exfoliate dead skin cells and stimulate cell generation. This traditional treatment will leave your skin velvety smooth and radiant as well as clear unpleasant body odors. Start with a Herbal foot wash followed by a body massage and body steam. Further on gentle exfoliation will be continued by a yoghurt splash prior to a relaxing herbal bath. A refreshing herbal drink will be served during your herbal bath, and cooling body lotion applied as a final touch to moisturize your skin.

2 Hours - IDR 1.205.400 nett

BODY RENEW

Revitalize your energy and your beauty to make your body restless and release problematic muscles and refresh your nails follow by foot soak, aromatic body massage and choice of manicure or Pedicure

2 Hours - IDR 1.062.600 nett

PURE BALANCE

The treatment include of foot bath, continue by traditional Balinese massage followed by foot massage or mini facial.

1.5 Hours - IDR 964.318 nett

QUICK BLISS

It has designed for the one "ON THE GO". This treatment includes: foot spa, massage & coconut body scrub.

75 Minutes - IDR 803.565 nett



COUPLE'S SPA TREATMENT

Him & Her

2,5 Hours - IDR 2.390.850 nett

Inclusion for Him

Foot Bath, Aroma Massage, Coffee Scrub, Shower, Pedicure

Inclusion for Her

Foot Bath, Aroma Massage, Strawberry Scrub, Strawberry Mask, Shower, Cleansing Facial

Jegeg & Bagus

Complete body treatment for couple which is include of foot bath, traditional Balinese massage, body scrub to exfoliate the skin and the final step is to indulge in warm bubble bath.

120 Minutes - IDR 2.125.200 nett

Tranquil Touch

Create the sense of romance with our couple treatment which is started with the back neck and shoulder massage followed by REJUVE facial to refresh the face or foot massage to improve the circulation.

90 Minutes - IDR 1.859.550 nett

SALON SERVICES

Fresh Hair Treatment

Additional one of the following items will be added to suit your type hair and problems. (Choices : Lime , Aloe Vera, Coconut Milk)
90 Minutes - IDR 730.590 nett

Blow Dry

60 Minutes - IDR 332.063 nett

Hair Braiding

- Medium - IDR 398.475 nett
- Long Hair - IDR 464.490 nett

SPA RETREAT

An extraordinary indulges designed for being away from the rush of daily life into the world of tranquility. Experience your holiday with one of our rejuvenate treatment program.

3 Days Retreat

IDR 2.922.150 nett

Day 1 - Aroma Massage | 75 Minutes

Day 2 - Traditional Favourite | 2.5 Hours

Day 3 - Fresh Creambath or Manicure Pedicure | 90 Minutes

5 Days Retreat

IDR 4.246.262 nett

Day 1 - Aroma Massage | 75 Minutes

Day 2 - Traditional Favorite | 2.5 Hours

Day 3 - Hot Stone Massage | 90 Minutes

Day 4 - Breathe Facial By Sothys | 75 Minutes

Day 5 - Fresh Cream Bath or Manicure Pedicure | 90 Minutes

FACIAL TREATMENT

Sea Essential Face Care by Pythogen

Offer a unique approach to beauty using high quality Marine products "PHYTOGEN" for a more natural, truer, NEW BEAUTY.
75 Minutes - IDR 1.015.455 nett

Bio Facial

This facial treatment good to tighten pores and removes excessive oil, and moisturize the face, and neck.

75 Minutes - IDR 803.565 nett

Botulike

No need Botox! This treatment will give you an instant result without any needle and it's painless. Diminish lines for a smoother & younger skin.

75 Minutes - IDR 920.430 nett

BODY SCRUB

The full body exfoliating treatment, enhance and moisturize your skin. These treatments include shower and body lotion application

45 Minutes - IDR 547.890 nett

Choices:

-LULUR SCRUB

-STRAWBERRY SCRUB

-SEA SALT SCRUB

-CHOCOLATE SCRUB

-CHOCONUT SCRUB

-COFFEE SCRUB





NOVOTEL BALI NUSA DUA HOTEL & RESIDENCES

Jl. Pantai Mengiat ITDC Complex Nusa Dua Bali 80363 Indonesia

Phone: +62 (0) 361 848 0555 | Email: spa@novotelnusaduabali.com | WhatsApp: +62 857 3839 4480

www.novotelnusaduabali.com