

## BREAKFAST

### **American Breakfast (E) (G) (D) (S) 75**

Freshly squeezed juice (orange, green apple, watermelon)  
 Seasonal cut fruits  
 Bakery basket, toast, butter, jam, and honey  
 2 Eggs cooked to your choice (fried, poached, scrambled, or boiled)  
 Hashbrown, chicken or beef sausage and grilled tomato  
 Tea or coffee

### **Continental Breakfast (G) (E) (D) (S) 65**

Freshly squeezed juice (orange, green apple, watermelon)  
 Seasonal cut fruits  
 Bakery basket, toast, butter, jam, and honey  
 Tea or coffee

### **Middle Eastern Breakfast (E) (G) (D) 75**

Freshly squeezed juice (orange, green apple, watermelon)  
 Boiled egg  
 Seasonal cut fruits  
 Labneh, olives, sliced tomatoes and cucumber  
 Foul madames with condiments  
 Arabic bread  
 Tea or coffee

### **Your choice of cereal (N) (D) (G) 22**

All bran flakes/ frosties/ corn flakes/ choco pop/ muesli with full cream milk/ low fat - hot or cold

### **Tropical Fruit Salad and Plain Yoghurt (D) 30**

### **Bakers Breakfast (G) (E) (D) 30**

3 Types of bakery items; chocolate or plain croissant, danish pastries or muffins served with butters, honey and jam

### **3 Egg Omelette Breakfast (G) (E) (D) (S) 50**

Choice of filling: mushrooms, onions, tomatoes, bell peppers, cheese, with a hashbrown, chicken or beef sausage, grilled tomato and white/brown toast with jams and butter



### **English Breakfast (G) (E) (D) (S) 70**

Beef bacon, chicken or beef sausages, baked beans, grilled tomato hashbrown, sauteed mushrooms, and 2 eggs prepared to your choice (fried, poached, scrambled or boiled) & (soft, medium, or hard), with white/brown toast, butter and jam

### **French Toast (E) (N) (D) (G) (S) 22**


Drizzled with syrup and toasted almonds

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P: Peanut | N: Tree Nut | G: Gluten CR: Crustacean & Mollusks |  
 SS: Sesame Seed | F: Fish | E: Egg | S: Soybeans | D: Dairy | C: Celery |  
 M: Mustard | SO: Sulphites | (V): Vegetarian | : Vegan | : Gluten-Free

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## FOR A NICE START

**Lentil Soup** (C) (G) (V)  **32**  
Braised red lentils flavored with cumin served with croutons and lemons

**Harira Soup** (C) (G) **35**  
Classic Moroccan harira tomato, lentil and chickpea soup



**Soup of the Day** **32**

**Classic Caesar Salad** **38**  
(D)(E) (G) (F) (CR) (N) (M)  
Romaine lettuce, and croutons in Caesar dressing  
Add chicken 45  
Add prawns 45

## KETO BOWL

**Super Green Salmon Nicoise** (E) (F) **45**  
Green mesclun, Kenya beans, boiled egg, artichoke, olives and a balsamic dressing

**Chicken, Broccoli And Beet Bowl With Avocado Pesto** (D) (N) **45**  
Chargrilled chicken, roasted beetroot, crumbled blue cheese with avocado pesto


**Energizing Kale And Quinoa Bowl** **45**  
(SO) (V)    
Kale and quinoa with orange, grapefruit segments, avocado drizzled with a raspberry vinaigrette

## SANDWICHES AND WRAPS

**Toastie** (D) (S) (E) (G) (M) **36**  
White or brown toast, grilled chicken, fried egg, turkey ham, Cheddar cheese, tomato, mustard mayo, romaine lettuce and french fries



**Swiss Burger** (D) (G) **52**  
100% US Angus beef patty topped with roasted onion, lettuce, tomato served with french fries

**Chicken Avocado Burger** (D) (G) **52**  
Homemade chicken breast patty, layered with tomato, lettuce, spicy salsa and guacamole, served with french fries

**Pesto Panini** (N) (G) (V)  **42**  
Grilled vegetable, onion, mushrooms, zucchini and pesto panini served with french fries and crispy salad

**It's Rooster Chili Aioli Wrap** (E) (G) **40**  
Tortilla bread, cajun spice chicken, jalapeno, chili aioli, coriander, romaine leaf and french fries

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## MAIN COURSE

### Norwegian Salmon (F) 80

Grilled salmon fillet served with carrot and apple slaw, sautéed beans and sweet and citrus salsa

### Asian Glazed Sea Bass (D) (F) (C) (SS) 75

Pan seared sea bass with wilted sesame spinach and jasmine rice

### Fish & Chips (G) (F) (E) 52

Batter fried cod, chunky chips, mushy peas, tartar sauce

### Grilled Jumbo Prawns (D) (CR) 90

Lemon garlic rice and roasted tomatillo salsa verde

### Rib Eye Steak (D) (G) 99

Grilled New Zealand rib eye steak, butter sautéed beans and potato wedges, roasted garlic herb butter

Served with your choice of peppers, béarnaise or mushrooms

### Rack Of Lamb (D) 90

Oven roasted lamb rack with smoky aubergine salad, french fries and garlic jus

### Chicken Supreme (D) 62

Spinach and feta stuffed grill chicken breast, asparagus, mash potatoes with a mushroom jus

### Thai Green Chicken Curry (CR) 58

Coconut milk, lemon grass, galangal, chili broth with jasmine rice and crackers

### Nasi Goreng (E) (CR) (S) (SS) 62

Traditional Indonesian wok fried rice, chicken satay, crackers topped with fried egg

### Arabic Mixed Grill (D) (G) (N) 85

Shish tawook, lamb kofta, beef kebab, fattoush salad, hashweh rice and french fries

### Traditional Indian Biryani (N) (D)

Biryani rice with your choice of chicken, lamb or vegetables served with papadum, raita and pickles

Chicken or vegetable 52

Mutton 68

### Butter Chicken (N) (D) 65

Chicken marinated with yoghurt, cooked with tandoori spices and topped with butter and cream served with steamed rice and papadum

### Pasta (E) (G) 60

Type Of Pasta: Penne - Fettuccine - Spaghetti

### Sauces (G) (D) (C) (N)

Arrabiata - Cream And Mushroom - Pesto, Bolognese - Neapolitano - Four Cheese

## PIZZA

### Classic Margherita (D) (G) (C) 48

Tomatoes, mozzarella and fresh basil

### Four Seasons (E) (D) (G) (C) 52

Tomato, mozzarella, capsicum, onion, mushroom, olives with an egg on top



### Pepperoni (G) (D) (C) 52

Tomatoes, mozzarella, spicy beef salami, roasted red peppers and chili flakes

### Extra Toppings Each 10

Mushroom, chicken, seafood, cheese, beef salami

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## KIDS CORNER

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<b>Spaghetti Or Penne</b> (D) (G) (C)	<b>32</b>
With bolognese or tomato or white sauce	
<b>Mini Pizza</b> (D) (G) (C)	<b>32</b>
Oven baked tomato and cheese pizza	
<b>Mini Burger</b> (D) (G) (E) (M)	<b>32</b>
Mini beef patty with melted cheese and french fries	
<b>Chicken Nuggets</b> (G) (E) (M)	<b>32</b>
Served with french fries and mayo	

## DESSERT

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<b>Chocolate Brownie</b>	
<b>With Ice Cream</b> (N) (G) (D) (E)	<b>27</b>
<b>Cheese Cake</b> (G) (E) (D)	<b>27</b>
<b>Ice Cream</b> (N) (G) (D)	<b>27</b>
<b>Tiramisu</b> (G) (E) (D)	<b>27</b>
<b>Selection Of Fruits</b>	<b>27</b>

## MOCKTAILS

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<b>Lemon and Mint</b>	<b>32</b>
<b>Virgin Piña colada</b>	<b>32</b>
<b>Mix Berry Cooler</b>	<b>32</b>

## SOFT BEVERAGES

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<b>Fresh fruit juice</b>	<b>25</b>
<b>Local water small</b>	<b>15</b>
<b>Local water large</b>	<b>20</b>
<b>Sparkling water large</b>	<b>32</b>
<b>Sparkling small</b>	<b>20</b>
<b>Pepsi/ Diet Pepsi/ 7 UP/ Soda/ Ginger Ale</b>	<b>16</b>
<b>Energy drink</b>	<b>32</b>
<b>Milk shakes:</b> Strawberry, chocolate and vanilla	<b>30</b>
<b>Coffee and tea selections</b>	<b>22</b>
<b>Iced Tea of the Day</b>	<b>32</b>

## TEA PAIRINGS

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<b>English Breakfast Tea</b> (D) (G) (E)	<b>30</b>
With cheese cake	
<b>Honey &amp; Ginger Tea</b> (D) (G) (E) (N)	<b>30</b>
With muffins	
<b>Jasmin Green Tea</b> (G) (M) (E) (S) (D)	<b>30</b>
With vegetable sandwich	
<b>Moroccan Mint Tea</b> (E) (G) (D)	<b>30</b>
With chocolate cake	

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## BOTTLED

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<b>Heineken</b>	<b>40</b>
<b>Amstel</b>	<b>40</b>
<b>Corona</b>	<b>42</b>

## HOUSE WINE

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<b>Red Wine</b>	<b>45/180</b>
<b>White Wine</b>	<b>45/180</b>
<b>Rose Wine</b>	<b>45/165</b>

## VODKA

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<b>Smirnoff red / Bottle</b>	<b>36/745</b>
<b>Absolut blue / Bottle</b>	<b>44/795</b>

## WHISKEY

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<b>Jw red label / Bottle</b>	<b>38/695</b>
<b>JW Black Lable / Bottle</b>	<b>48/950</b>
<b>Jack daniels / Bottle</b>	<b>45/950</b>
<b>Glenfiddich 12 yo</b>	<b>54/1200</b>

## GIN AND TEQUILA

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<b>Gordon's / Bottle</b>	<b>36/795</b>
<b>Jose Cuervo Silver / Gold</b>	<b>38/745</b>

## RUM AND COGNAC

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<b>Bacardi white rum / Bottle</b>	<b>36/699</b>
<b>Hennesey v.s</b>	<b>54/1200</b>

## MINI SPIRIT BOTTLES

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<b>Absolut blue ( 375 ml )</b>	<b>290</b>
<b>Jw Red label ( 350 ml )</b>	<b>245</b>
<b>JW Black Lable ( 200 ml )</b>	<b>295</b>
<b>Chivas Regal ( 375 ml )</b>	<b>395</b>
<b>Gordon's ( 375 ml )</b>	<b>195</b>

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