



SPA MENU

SO/ SPA

YOUR ESCAPE FROM

Say 'hello' to the last word in urban wellness.

Experience an exceptional collection of facial,
body and beauty treatments
that transcends the corners of science,
fashion and lifestyle with SO/'s unique sociable vibe.

Brought to you in collaboration with:

/skin
regimen/
modern plant chemistry™

A modern skincare system, clinically proven to reduce the effects of stress and lifestyle aging on both skin and mind. Totally functional, this Modern Plant Chemistry™ skincare contains high concentrations of botanicals, high-tech molecules and superfood extracts to effectively counteract the effects of stress on the skin.

Its 100% natural aroma, paired with cooling massageable textures and specialty techniques, are clinically proven to reduce the production of cortisol over time, leaving you feeling rebalanced, reenergized and empowered to face your busy day.

Each journey begins with an exclusive natural aromatic Welcome Ritual, favoring mind-body relaxation, and combines innovative, rich in natural-origin and high-tech ingredients with bespoke application techniques and massages.

www.skinregimen.com

THE ORDINARY BEGINS HERE



EXPLORE A NEW KIND OF SPA EXPE- RIENCE

SO/ SPA welcomes
you from
10 a.m to 9 p.m.



SENSATIONAL SKIN SESSIONS

LET'S TAKE THIS FACE ON

LET'S TAKE IT TO THE NEXT LEVEL

BOOST YOUR BODY

GET SET AND GLOW

SENSA- TIONAL SKIN SESSIONS

Feel real good
from the inside
out. Take your
choice. Change
the game.

SPA MENU

URBAN
LONGEVITY
FACIAL™
60 minutes |
115,- EUR |

The perfect antidote to modern fatigue and urban lifestyle, this facial is ideal for when you feel your skin is stressed and showing the first signs of aging. Customizable to correct dullness, dehydration and first expression of wrinkles, it deeply renews the skin and leaves it exceptionally glowing and protected.

URBAN
DETOX
60 minutes |
115,- EUR |

Featuring a unique peel-off mask made-up of Chlorella, the famous superfood extract. This treatment deeply cleanses and detoxifies the skin, purifies the pores and counteracts the effects of daily environmental pollution which toxify the skin and accelerate the ageing process.

TRANQUILLITY™
PRO-SLEEP
MASSAGE
60 minutes |
115,- EUR |
90 minutes |
160,- EUR |

An innovative body treatment acting on three different sensorial pathways to deliver a complete holistic well-being experience, resulting in a quieter and more peaceful mind and body state.

LET'S TAKE THIS FACE ON

See that face
in the mirror.
Your face?
Put a smile on it.
Naturally.

SPA MENU

Give your skin the boost of radiance and plumpness it needs with this innovative re-densifying treatment. Intensive yet luxurious, this anti-ageing treatment lifts your skin and brings immediate rejuvenation.

Designed especially for your skin's needs. This power-packed treatment is formulated with advanced natural ingredients and potent high-tech molecules to regenerate the skin at the deepest levels, leaving it refreshed, radiant with a youthful glow.

Nurture your skin and recover from the damage caused by party excess, over-indulgence, lack of sleep and sun exposure with this innovative treatment. Decadent and deeply relaxing, let the antioxidant power of Goji berry antioxidants married to Macadamia oil intensively replenish your skin, leaving it soft, protected and deeply nourished.

A personalised facial to suit the specific needs of men's skin. Age protection, re-hydration, deep-cleansing, detoxification or merely to calm inflamed skin, this treatment will have your skin feeling vibrant, energised and packed full of vitamins and minerals.

THE EDITORIAL,
LIFTING FACIAL
(OR SUBLIME SKIN
LIFTING FACIAL)
| 90 minutes
| 160,- EUR

THE DESIGNER,
CUSTOM-MADE
FACIAL
(OR YOUR FACIAL,
YOUR WAY)
| 90 minutes
| 160,- EUR

THE
DE-CORRUPT,
LUXURIOUS
ANTIOXIDANT
RECOVERY
(OR RENIGHT
ANTI-OXIDANT
RECOVERY FACIAL)
| 60 minutes
| 115,- EUR

URBAN
PERFORMANCE FOR
MEN (OR URBAN
VALOUR FOR MEN
FACIAL)
| 60 minutes
| 115,- EUR

BOOST

YOUR

BODY

There's
feeling good.
And there's
OH YEAHHH.

SPA MENU

Body Strategist is a complete professional selection of targeted treatments to reshape the body, improving circulation and loss of tone. Choose from:

BODY FIRING THERAPY

Increase elasticity, tone and quench skin.

BODY DETOX THERAPY

Improve circulation and diminish the appearance of cellulite.

BODY REVITALIZING THERAPY

Reduce fluid retention and redefine your silhouette

Targeting the prime areas of stress and providing profound tension relief with a warm marine massage mud, accompanied by scalp and back massage this express session will surely de-stress your muscles and release all tensions.

BODY STRATEGIST THERAPIES

| 60 minutes

| 115,- EUR

DE-STRESS BACK & SHOULDER RESCUE

| 45 minutes

| 85,- EUR

BOOST

YOUR

BODY

There's
feeling good.
And there's
OH YEAHHH.

SPA MENU

A unique renewing body scrub made of pure volcanic rhyolite particles from Stromboli, Sicily, deeply exfoliate while Karité Butter and Betaglucon provide intense nourishment which deeply exfoliates the skin whilst also providing nourishment, youth and splendour to all skin types.

The remarkable and renowned therapeutic gifts of aromatherapy. This full body Swedish massage is an excellent way to recover from daily stress. Long, relaxing movements increase circulation and effectively ease tired muscles. Each treatment begins with a personalized selection from our unique collection of aromatherapy oils based on the ancient cultures of the Orient, Arabia, India or the Mediterranean.

A ritual treatment deeply relaxing, nourishing and sensorial, thanks to the use of hot basalt stones and our unique collection of essential oils

This ancient healing ritual begins with a soothing massage of warm Himalayan salt stones to promote relaxation and decrease stress. An aromatic oil scrub then detoxifies the body and stimulates the metabolism; followed by a warm shower and a nourishing hydration treatment. Reduces tension and restores vitality and balance.

AROMASOUL BODY POLISH

| 45 minutes

| 85,- EUR

AROMASOUL MASSAGE

| 60 minutes

| 115,- EUR

| 90 minutes

| 160,- EUR

HOT STONE MASSAGE

| 90 minutes

| 160,- EUR

HIMALAYAN SALT MASSAGE

| 60 minutes

| 115,- EUR

BOOST

YOUR

BODY

There's
feeling good.
And there's
OH YEAHHH.

SPA MENU

For the man or woman who doesn't tiptoe around. Our concentrated therapy is designed to relieve severe tension in muscles and connective tissue using a deep pressure technique.

EXTRA-LOADED

| 60 minutes

| 115,- EUR

| 90 minutes

| 160,- EUR

This experience focuses on personal touch.

Our therapist will consult with you to determine the specific areas of focus, light to medium pressure. An excellent way to take the edge off.

TAILORED SWEDISH MASSAGE

| 60 minutes

| 115,- EUR

| 90 minutes

| 160,- EUR

An ideal massage if you are preparing for, or recovering from, intense physical activity.

Using firm strokes and compression, this intense massage relaxes muscles, eases cramps and enhances performance. It helps activating blood flow and effectively move lactic acid build-up in the body.

LACTATE BUILD-UP

| 60 minutes

| 115,- EUR

| 90 minutes

| 160,- EUR

Body buff, scalp treatment,
and foot quench.

MASSAGE ENHANCEMENTS

| 30 minutes

| 60,- EUR

GET SET AND GLOW

Perfect that
pout. Mystify
those eyes.
Feel the touch
Do it.

SPA MENU

URBAN GLOW
15.0
15 minutes |
30 EUR |

Good for all, but best for a super time-pressed urbanite in need of immediate glow or as a pre-makeup hydrating & luminosity treatment, this express treatment marries effective facial techniques with highly potent actives to rapidly and deeply cleanse, saturate with hydration and instills luminosity into the skin, for a visibly brighter and more youthful-looking appearance.

SMOKEY EYE, THE
MORNING-AFTER
30 minutes |
60,- EUR |

Great before going out, but definitely required the morning-after, this refreshing eye mask will hydrate, soothe and plump your skin around the eye area - one last indulgence you must not resist. The unique technology it contains and its cooling action instantaneously reduce puffiness, lighten up dark circles and plump out fine lines and wrinkles, giving your fatigued eyes more luminosity and glow.

REJUVENATING
HAND RITUAL
30 minutes |
60,- EUR |

A rejuvenating, protective treatment rich in Vitamin E and Karité Butter, restoring nourishment and beauty to the hands.

RENEWING FOOT
RITUAL
30 minutes |
60,- EUR |

Revitalizing foot ritual with neem extract to reveal polished and smoother feet. A must before any pool-party, or before wearing your most luxurious or scandalous open-toe shoe.

GET SET AND GLOW

Perfect that
pout. Mystify
those eyes.
Feel the touch
Do it.

SPA MENU

NAIL RESHAPE
AND SHINE
25 minutes |
30,- EUR |

MANICURE
45 minutes |
45,- EUR |

PEDICURE
45 minutes |
65,- EUR |

MANICURE AND
PEDICURE
90 minutes |
95,- EUR |

NAILPOLISH
15 minutes |
15,- EUR |

SHELLAC
90 minutes |
89,- EUR |

SHELLAC REMOVAL
15,- EUR |

EYEBROW
PLUCKING
15,- EUR |

EYEBROW OR
EYELASH TINTING
12,- EUR |

EYEBROW AND
EYELASH TINTING
22,- EUR |

EYEBROW AND
EYELASH STYLING
ALL IN
30,- EUR |

TERMS & CONDITIONS

GIFT VOUCHER

A gift voucher is a chic and refined gift that suits every occasion. The So SPA team is at your disposal for further information or purchase.

TREATMENTS AT SO/ SPA

Reservations of 30, 60, 90 or more minutes have an effective treatment time of 20, 50, 80 or more minutes.

CANCELLATION POLICY

Cancellation notice is 24 hours for outside guests and 4hours for hotel guests. Failure to comply will result in 100% charge of the treatment booked

RESERVATION

Bookings made by hotel guests directly at the So SPA reception are confirmed by the signing of a reservation form. Bookings made by outside guests directly at the So SPA reception need to be secured by a credit card or cash payment.

ARRIVAL AT SO/ SPA

To enhance your spa experience, we encourage you to arrive 15 minutes prior to your treatment. Leave your cares at the door and unwind in our calming, therapeutic and relaxing environment.

SPA TIME / PRICES

SPA TIME

You can also create your personal package.

| 30 minutes 60,00 EURO

| 45 minutes 85,00 EURO

| 90 minutes 160,00 EUR

| 120 minutes 195,00 EUR

| 150 minutes 230,00 EUR

| 180 minutes 255,00 EUR

SO/SPA

Praterstrasse Eins Hotelbetriebs GmbH
Praterstrasse 1 - 1020 Wien - Austria
Phone +43 (0)1 90616 9406
Fax +43 (0)1 90616 2000