

FOR A NICE START

LENTIL SOUP √ (C) (G) (V) Braised red lentils flavored with cumin, served with croutons and lemons

HARIRA SOUP (C)(G)	40
Classic Moroccan harira tomato, lentil and	
chickpea soup	

SOUP OF THE DAY	35
CLASSIC CAESAR SALAD	45
(D)(F)(G)(E)(CR)(M)(S)	
Romaine lettuce, chicken, prawns and	
croutons in caesar dressing	
Add chicken	50
Add prawns	50

KETO BOWL

SUPER GREEN SALMON NICOISE (E) (F) (M) 45 (S) (SO)

Green mesclun, kenya beans, boiled egg, artichoke, olives and balsamic dressing

CHICKEN, BROCCOLI AND BEET BOWL WITH AVOCADO PESTO (D) (N) 40 Chargrilled chicken, roasted beetroot, crumbled blue cheese with avocado pesto

ENERGISING KALE & QUINOA BOWL 40 (SO) (V) (M) V (3)

Kale and quinoa with orange, grapefruit segments, avocado drizzled with raspberry vinaigrette

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SANDWICHES & WRAPS

DELI TOASTIE (D)(E)(G)(M)(S)

55

White or brown toast, grilled chicken, fried egg, turkey ham, cheddar cheese, tomato, mustard mayo, romaine lettuce and French fries

SWISS BURGER (D) (G) (E) (M) (S) 65 100% US Angus beef patty topped with roasted onion, lettuce, tomato, served with French fries

CHICKEN AVOCADO BURGER (D) (G) (E) (M) (S)

Homemade chicken breast patty, layered with tomato, lettuce, spicy salsa and guacamole, served with French fries

PESTO PANINI (N) (G) (V)

50

Grilled vegetable, onion, mushroom, zucchini and pesto panini served with French fries and crispy salad

IT'S ROOSTER CHILI AIOLI WRAP(D) (G) 55 (E) (M) (S)

Tortilla bread, cajun spiced chicken, jalapeno, chili aioli, coriander, romaine leaf and French fries

P: Peanut | N: Tree Nut | G: Gluten CR: Crustacean | MO: Mollusks | L: Lupine | SS: Sesame Seed | F: Fish | E: Egg | S: Soybeans | D: Dairy | C: Celery | M: Mustard | SO: Sulphites | (V): Vegetarian | √ : Vegan | ③ : Gluten-Free

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MAIN COURSE

NORWEGIAN SALMON (F) (C) (E) (M) (S) Grilled salmon fillet served with carrot and apple slaw, sautéed beans and sweet & citrus salsa		TRADITIONAL INDIAN BIRYANI (N) (D) (G) (E) (M) Biryani rice with your choice of chicken, lamb or vegetables served with papadum, raita and pickles
ASIAN GLAZED SEA BASS (D) (F) (C) (SS) Pan seared sea bass with wilted sesame spinach and jasmine rice	75	Chicken or vegetable 65 Mutton 80
FISH & CHIPS (G) (F) (E) (D) (M) (S) Batter fried cod, chunky chips, mushy peas, tartar sauce	60	BUTTER CHICKEN (N) (D) (G) (M) 70 Chicken marinated with yoghurt, cooked with tandoori spices and topped with butter & cream served with steamed rice and papadum
GRILLED JUMBO PRAWNS (D) (CR) Lemon garlic rice and roasted tomatillo salsa verde	85	PASTA (E) (G) 70 Type of pasta: Penne - Fettuccine - Spaghetti - Farfalle
DELI RIB EYE (D) (G) (M) (S) (C) Grilled New Zealand rib eye steak, butter sautéed beans and wedges, roasted garlic herb butter, served with your choice of peppers, béarnaise or mushroom sauce	95	SAUCES (G) (N) (D) (C) Arrabbiata - Cream and Mushroom - Pesto Bolognese - Napolitano - Four Cheese
RACK OF LAMB (D) (S) (G) Oven roasted lamb rack with smoky aubergine salad, French fries and garlic ju	95	PIZZA
CHICKEN SUPREME (D) (S) (G) Grilled spinach and feta stuffed chicken breast, asparagus, mashed potatoes with	70	CLASSIC MARGHERITA (D) (G) (V) Tomatoes, mozzarella and fresh basil
mushroom jus THAI GREEN CHICKEN CURRY (CR)	65	FOUR SEASONS (E) (D) (G) 70 Tomato, mozzarella, capsicum, onion, mushroom, olives with egg on top
(SO) (G) (D) Coconut milk, lemon grass, galangal, chili broth with jasmine rice and crackers		PEPPERONI (G) (D) 70 Tomatoes, mozzarella, spicy beef salami, roasted red peppers and chili flakes
NASI GORENG (E)(CR)(S)(SS)(P)(SO)(G) Traditional Indonesian wok fried rice, chicken satay, crackers topped with fried egg	65	EXTRA TOPPINGS 10

ARABIC MIXED GRILL (D) (G) (N) (E) (M) 90 (S)
Shish tawook, lamb kofta, beef kebab,

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KIDS CORNER

SPAGHETTI OR PENNE (D) (G) (C) (E) With bolognese or tomato or white sauce MINI PIZZA (D) (G) (V) Oven baked tomato and cheese pizza MINI BURGER (D) (G) (E) (M) (S) Mini beef patty with melted cheese and French fries CHICKEN NUGGETS (G) (E) (M) (S) Served with French fries and mayo

DESSERT

CHOCOLATE BROWNIE With Ice Cream (N) (G) (D) (E)	30
CHEESE CAKE (E) (D) (G)	30
TIRAMISU (E) (D) (G) (N)	30
ICE CREAM (N) (G) (D)	30
SELECTION OF FRUITS	30

SOFT BEVERAGES

FRESH FRUIT JUICE	25
LOCAL WATER SMALL	16
LOCAL WATER LARGE	21
SPARKLING WATER LARGE	33
SPARKLING SMALL	21
PEPSI/ DIET PEPSI/ 7 UP SODA/ GINGER ALE	17
ENERGY DRINK	32
MILK SHAKES Strawberry, chocolate and vanilla	28
HEINEKEN 0.0 (NON-ALCOHOLIC)	30
COFFEE AND TEA SELECTIONS	23
ICED TEA OF THE DAY	30

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BOTTLED BEER		11/
HEINEKEN		40
CORONA		44
STRONGBOW		40
BUDWEISER		40
WHITE WINE	GLASS	BOTTL
FRONTERA, SAUVIGNON BLANC, CHILE	44	190
HARDY'S, CHARDONNAY, AUSTRALIA	44	200
EMOTIVO WHITE, ITALY	44	190
BIO BIO CHARDONNAY, ITALY, ORGANIC	52	230
RED WINE AND ROSE W	VINE	
FRONTERA, CABERNET SAUVIGNON, CHILE	44	190
FRONTERA, MERLOT, CHILE	44	190
FRONTERA ROSÉ, CHILE	44	190
BIO BIO MERLOT, ITALY, ORGANIC	52	230
WHISKEY AND VODKA		SHOT
JW RED LABEL		38
JACK DANIEL'S		44
GLENFIDDICH 12 YO		46
ABSOLUT BLUE		44
GIN AND TEQUILA		
BOMBAY SAPPHIRE		38
JOSE CUERVO SILVER		38
RUM AND COGNAC		
BACARDI WHITE RUM		38

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