

GRAND MERCURE

BALI SEMINYAK

The TREATMENT MENU



BODY MASSAGE

SIGNATURE NAIMA SPA 75 MIN 700++

Experience a harmonious blend of traditional Balinese massage techniques and the soothing sounds of healing bowls, designed to relax the body, balance energy, and clear the mind.

BALINESE MUSCLE MASSAGE 60/90 MIN 500/650++

A firm, targeted massage that relieves chronic tension and muscle stiffness, improving flexibility and circulation for lasting relaxation.

BALINESE MASSAGE 60/90 MIN 450/600++

This traditional massage is a must to have in your spa list to ensure you have a blissful experience as a result from the combination of massage techniques and it helps to stimulate and release tension, improve blood circulation and relax your body and soul.

AROMATHERAPY 60/90 MIN 500/650++

Very soothing and is used for a variety of different reasons, including relaxation and improves mood by adding essential oils based on the guest concerns and needs.

ISLAND STONE 90 MIN 680++

A warm stone massage helps you to deeply relax and ease tensed muscles and damaged soft tissues throughout your body during the treatment. This is a combination between hand massage and basalt stone placed on specific parts of your body.

BACK NECK & SHOULDER 30/60 MIN 300/450++

This treatment is specially focusing on your back, neck and shoulder area and it really helps to increase blood circulation and melts away the tension at your back area.

FOOT REFLEXOLOGY 30/60 MIN 300/450++

A foot massage involves working on the feet and legs with pressure to promote relaxation and health. It is simply using movements of rubbing, pressing, stroking and manipulating muscles on the legs and feet area.

INDIAN HEAD MASSAGE 30 MIN 250++

Melt away stress with traditional Indian techniques designed to restore balance, ease tension, and rejuvenate your mind and body.

BODY SCRUB

NYUH SCRUB 60 MIN 450++

Hydrates and softens skin with natural coconut.

CHOCOLATE SCRUB 60 MIN 450++

Rejuvenates and nourishes with rich chocolate.

COFFEE SCRUB 60 MIN 450++

Stimulates and refreshes skin with energizing coffee.

OCEAN SCRUB 60 MIN 450++

Exfoliates and detoxifies with mineral-rich sea salt.

*ALL PRICES ARE NOT INCLUSIVE OF 21% GOVERNMENT TAX AND SERVICE



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BODY MASK

MILK MASK Nourishes and softens skin, leaving it silky smooth.	60 MIN	450++
CHOCOLATE MASK Revitalizes and hydrates with rich, indulgent chocolate.	60 MIN	450++
BOREH WRAP Traditional Balinese herbal wrap that detoxifies and revitalizes.	60 MIN	450++
CALMING ALOE VERA MASK Cools and soothes sun-exposed skin for a refreshing feel.	60 MIN	450++

FACE TREATMENTS

FACIAL WITH BOKOS Rejuvenate and hydrate with Biokos skincare for a glowing complexion.	60 MIN	500++
ANTI-AGING FACIAL MASSAGE Restore youthful radiance with a nourishing coconut oil massage that fights aging signs.	30 MIN	300++

The PACKAGE MENU

BODY GLOW Body Scrub will be used to exfoliate dead skin and stimulate cells regeneration. This treatment will leave your skin velvety smooth and moist. Foot wash - Back massage 30 minutes - body scrub - body mask.	150 MIN	1000++
BALINESE REJUVENATION A perfect blend of Traditional Balinese Massage and a Biokos Facial, offering ultimate relaxation and glowing skin for a revitalized experience.	120 MIN	850++
COUPLE INDULGENCE Celebrate your love with the special spa package - Feet wash - Balinese massage - natural Facial and Rose Bath	150 MIN	1800++



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